



Thank you for coming! Congratulations on your nominations! The dept obviously sees the potential in you to be a part of the Peer Support Team.

### Peer Support

Peer Support is a program which provides our personnel with the opportunity to discuss their personal and professional problems confidentially with their co-workers, who understand and want to help.

As a member of the PST, you would attend trainings, meetings and assist with the implementation of the program in the department. This will be a volunteer, non-specialty position that you can disengage from at any time.

This is a joint effort with management and labor. You could be asked to assist our brothers and sisters from other departments should the need arise.

Peer Support Training helps to provide a readily accessible support network of peers willing to be of service to those who express a need for help.